This past Thursday, I had a work meeting in Lexington with our organization. 28 Restaurant managers, a handful of supervisors, My Director of Operations and the Chief Restaurant Officer for our organization.

Around 2  $\frac{1}{2}$  hours into the meeting, something began to happen To one of the ladies In the room.

I saw a commotion Out of the corner Of my eye, and there were several people standing around one of the restaurant managers, holding onto her.

Soon after, they laid her on the floor, and I heard someone say "She's not breathing." Someone began doing CPR while another dialed 911.

In the moments that one of the ladies was doing CPR, until the ambulance arrived, It was only minutes. But, it seemed like an eternity.

That very day, standing in the meeting room of our home office, I witnessed the passing Of a young woman.

It was a moment that reminded me of our mortality and the short nature of our time on earth.

Life is a precious gift, yet it is incredibly fragile. Each breath we take is a blessing, and each moment we have is an opportunity to love, to learn, and to grow.

But as I witnessed This past Thursday, life can also end in an instant.

However, this should not lead us to fear, but rather to a greater appreciation of the time we have and the relationships That we hold dear.

Death is a part of our human experience. It's a reality we all must face. Yet, in the face of death, we are reminded of the importance of living a life of purpose and meaning. We are reminded to make each day count, to live in a way that honors God, and to love others as Christ loved us.

In the Bible In the book of James Chapter 4 verse 14, James tells us **"For what is your life? It is even a vapor, that appeareth for a little time, and then vanisheth away."** We are not promised tomorrow. It is a gift from God, Each morning When we wake up.

Ecclesiastes 3:1-2 says "To everything there is a season, and a time to every purpose under the heaven: A time to be born, and a time to die;

While death may seem like an end, for us as believers, It is just the beginning. It is the start of our eternal life with God.

The Bible tells us **in John 3:16, "For God so loved the world that he** gave his only begotten Son, that whosoever believeth in him shall not perish but have everlasting life." This is the hope we hold onto, the promise that gives us peace in the face of death.

In witnessing the end of a life, I was reminded In that moment, of the importance of the life we choose to live here on earth, the reality of our inevitable death, and the promise of eternal life through Christ.

Let us live each day in a way that honors God, loves others, and looks forward to the promise of eternity.

I ask that you pray For that woman, And for her family, That God would comfort them Through the grief, sadness, And heartache that I'm sure They are feeling. Ephesians 6:11-12

"Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

Title: The Devil: The Ultimate Bully

Introduction:

Spiritual warfare is a concept in Christianity that refers to the ongoing battle between the forces of good, represented by God and His followers, and the forces of evil, represented by Satan and his followers.

The Devil is described as a master of deception, tricks, and schemes. His ultimate goal is to keep people from accepting the truth of the Gospel and to keep believers from spreading the message.

He uses a variety of tactics, including deception, temptation, and lies.

One of Satan's strategies is to present us with a worst-case scenario of our future in order to arouse fear in us. He also uses our minds as his battlefield to wage war against us.

He tells us lies and they sound so convincing that we hold them for the truth.

In the same way that bows and arrows Used in warfare centuries ago, Are useless against today's Highly sophisticated weapons, The carnal weapons That we try to use In spiritual warfare Against the devil, Have no power against his schemes And his fierce attacks. However, as Christians, we have the power and authority to resist these attacks and to overcome them through faith in Christ.

The more we learn the truths concerning spiritual warfare, the more prepared we can be to fight and to be victorious.

The Word of God is our light of truth and we are the soldiers who must know it and live it out every day.

The greatest hindrance To the devil's destructive efforts Is standing strong In the knowledge And the reverence Of the Lord. The greatest roadblock To the bullying from the devil Is the christian who-Above all else-Lives for God, Walks with integrity, Is filled with the holy spirit, And is obedient to God's truth.

Our greatest responsibility In defeating the enemy's efforts Is to be faithful in prayer, Lovers of scripture, And live clean, honest, Humble, spirit-filled lives.

We have to depend on God To guard us and to protect us Morally, physically, and spiritually. And we have to openly follow Him In obedience To His commands. We must not be Pawns of the devil, But servants of christ. Today, I want to share A personal story with you all.

When I was a child, There was a kid at school, Who bullied me everyday. If he wasn't after my lunch money, If he wasn't after my lunch, He was always doing something To be mean to me. Yes, as a child, I was bullied.

It was a difficult time for me, Because I was miserable, And this went on For months and months, Until one day, He finally stopped, For whatever reason.

I don't know why He chose To pick on me, And I don't know why He stopped all of a sudden, But I was relieved when he did.

As I said earlier, It was a difficult time, But it taught me Valuable lessons.

I realize that this experience, as painful as it was, shaped me into the person I am today.

# Point 1: Understanding the Bully (The Devil)

The Bible says in John 8:44 "Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it."

The devil uses various tactics to lead people away from God's truth and into fear, deception, and submission.

Satan often uses fear as a tool to paralyze us and keep us from moving forward in our faith.

Fear can make us doubt God's goodness and love for us, and it can make us feel alone and powerless. This is contrary to what the Bible teaches in 2 Timothy 1:7, "For God has not given us a spirit of fear, but of power and of love and of a sound mind."

He deceives us by distorting the truth, causing confusion, and leading us to believe things that are not in line with God's Word.

He can make sin look appealing or convince us that we're unworthy of God's love.

Satan uses intimidation to make us feel small, insignificant, and incapable of standing up against him. He wants us to believe that we're powerless and that he's unbeatable.

But the Bible assures us in **Romans 8:37** that "in all these things we are more than conquerors through Him who loved us."

The devil's tactics are designed to distract us from our relationship with God and to create a sense of hopelessness.

But as believers, we have the power to resist these tactics through faith, prayer, and the knowledge of God's Word. Ephesians 6:11 encourages us to "Put on the full armor of God, so that you can take your stand against the devil's schemes."

# Point 2: Recognizing the Bully's Tactics

The devil often uses temptation as a means to entice us into sin.

This can be seen in the story of Adam and Eve in the Garden of Eden, where the serpent tempts Eve to eat from the tree of the knowledge of good and evil, directly disobeying God's command.

He often uses deception to mislead us and make us believe things That are not true. This can lead us away from God and His truth. Revelation 12:10 refers to Satan as the "accuser of our brethren." He constantly accuses us before God, trying to make us feel guilty and unworthy of God's love and grace.

These tactics are spiritual bullying. Satan tries to intimidate, deceive, and accuse us to make us feel weak and isolated.

However, the Bible assures us that we can resist the devil, and that God provides a way out of every temptation. It's important to stay rooted in God's Word and to rely on His strength to stand against these tactics. **"Greater is He that is in you, than he that is in the world".** 

After Jesus had fasted for forty days and forty nights, He was hungry. The devil took this opportunity to tempt Him, suggesting that He turn stones into bread. But Jesus replied, **"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God"**  The devil also tempted Jesus to jump off the pinnacle of the temple, saying that the angels would save Him. But Jesus responded, "Thou shalt not tempt the Lord thy God".

Finally, the devil showed Jesus all the kingdoms of the world and their glory, promising to give them to Jesus if He would fall down and worship him.

Jesus rebuked the devil, saying, "Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve".

The Bible says after this, the devil left Him, and angels came and ministered to Jesus. In the Garden of Eden, the devil, disguised as a serpent, deceived Eve by questioning God's command not to eat from the tree of the knowledge of good and evil.

The serpent twisted God's words and convinced Eve that eating the fruit would make her like God, knowing good and evil.

Unfortunately, Eve gave in to the temptation, ate the fruit, and gave some to Adam, who also ate it.

This act of disobedience led to the fall of mankind.

Daniel was a man of great character and wisdom, who served faithfully in a foreign land.

However, he was targeted by other officials who were jealous of his position and integrity. They conspired to trick King Darius into passing a law that would put Daniel in danger for his faith.

He was thrown Into a den of lions For praying to God, But God protected him From the lions. The prophet Elisha was taunted by a group of boys who mocked him for his baldness. This can be seen as a form of bullying.

King Saul, under the influence of an evil spirit, tried to kill David out of jealousy and fear. He hurled a spear at David while he was playing the harp, intending to pin him to the wall. Naboth was a man who owned a vineyard next to the palace of King Ahab of Samaria<sup>1</sup>.

Ahab wanted this vineyard, but Naboth refused to sell it because it was his ancestral inheritance<sup>12</sup>.

Disappointed and pouting, Ahab shared his frustration with his wife, Queen Jezebel<sup>12</sup>. Jezebel, in response, hatched a wicked plot to seize Naboth's vineyard<sup>12</sup>. She wrote letters in Ahab's name, sealed them with his seal, and sent them to the elders and nobles of the city<sup>12</sup>.

In these letters, she instructed them to proclaim a fast, seat Naboth with high honor among the people, and then bring two scoundrels to falsely accuse Naboth of blaspheming God and the king<sup>12</sup>. Following these false accusations, Naboth was taken outside the city and stoned to death<sup>123</sup>.

After Naboth's death, Ahab took possession of Naboth's vineyard<sup>12</sup>.

This story is a clear example of bullying, where power and deceit were used to oppress an innocent person. These examples show how the devil uses cunning tactics to lead people astray.

However, they also show that with faith, knowledge of God's word, and the strength to resist temptation, We can overcome the devil's tactics.

Point 3: Standing Up to the Bully

In James 4:7 the Bible says"Submit yourselves therefore to God. Resist the devil, and he will flee from you."

This verse is composed of two main directives: The first step is the most crucial.

Submission to God implies acknowledging His sovereignty, seeking His will in all things, and living in obedience to His commandments. It's about surrendering our own desires and will to God's superior wisdom and guidance.

The promise that if you resist the devil he will flee from you, Is a promise That is powerful.

The devil, symbolizing all forms of temptation and evil, will flee from us if we resist. But how do we resist? By standing firm in our faith, being vigilant against temptation, and relying on God's strength rather than our own.

The importance of resisting the devil is paramount in maintaining our spiritual health and growth.

When we resist the devil, we are actively fighting against sin and temptation, thereby allowing us to grow in righteousness and holiness. It's a proactive defense against the forces that seek to pull us away from God. The ability to resist the devil doesn't come from our own strength, but from God.

As we submit to God and draw near to Him, He empowers us to stand against the devil's schemes.

This verse is a beautiful promise of God's protection and power for those who seek Him a and choose to live in His ways.

This verse encourages us to stand firm in our faith and values, resist negative influences, and trust in God's protection and justice. It reminds us that when we align ourselves with God, negative forces lose their power over us.

In Ephesians Chapter 6, Paul talks about putting on the whole armor of God. This metaphorical armor represents the spiritual defenses we need to stand firm against the tactics of the devil.

#### Belt of Truth (Ephesians 6:14):

The belt of truth involves honesty and integrity.

It's about living a life of authenticity where our actions align with our beliefs.

By adhering to truth, we can resist the devil's lies and deceptions.

# Breastplate of Righteousness (Ephesians 6:14):

This represents living a righteous life.

By striving to do what is right and just in the eyes of God, we protect our hearts from the devil's attempts to lead us into sin.

#### Shoes of the Gospel of Peace (Ephesians 6:15):

This signifies readiness and eagerness to spread the Gospel. By being at peace with God and others, we can stand firm against discord and conflict.

#### Shield of Faith (Ephesians 6:16):

Our faith in God can protect us from doubts and fears that the devil tries to instill. It's about trusting God's promises and His plan for us.

#### Helmet of Salvation (Ephesians 6:17):

This represents our salvation and the hope we have in Christ. It protects our minds from doubts about our salvation and helps us to focus on our eternal security in Christ.

# Sword of the Spirit (Ephesians 6:17):

This is the Word of God, the Bible. It's our offensive weapon against the devil. By knowing and understanding the Scriptures, we can counter the devil's attacks with God's truth.

#### Prayer (Ephesians 6:18):

While not described as a piece of armor, prayer is crucial in this spiritual battle. Through prayer, we communicate with God, seek His guidance, and gain strength. By putting on the whole armor of God, we can resist the devil and stand firm in our faith. This is a daily process of living out our faith and relying on God's strength, not our own.

Recognizing the devil's tactics and standing firm in faith is crucial in spiritual warfare. Here's why:

The devil is a deceiver and a destroyer. He seeks to lead people away from God and into sin. Recognizing his tactics helps us to be aware of the spiritual battles that are taking place around us.

Our faith in God is our shield against the devil's attacks. It's through faith that we can overcome the devil's temptations and lies.

The Bible says in Ephesians 6:16, "In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

Recognizing the devil's tactics requires spiritual discernment, which comes from reading and understanding the Word of God. The Bible warns us in **1 Peter 5:8, "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."** 

Ephesians 6:10–18 describes the armor of God that believers should put on to stand against the devil's schemes. This includes truth, righteousness, the gospel of peace, faith, salvation, and the Word of God. Lastly, it's important to remember that Jesus has already won the victory over the devil.

By recognizing the devil's tactics and standing firm in our faith, we're not fighting for victory, but from victory.

Remember, the devil may be powerful, but God is all-powerful. With God on our side, We have nothing to fear.

Stand firm in your faith, stay vigilant, and keep trusting in God's promises.

### Closing

For those of you here with us and joining us online, I've preached my heart to you today about the ultimate bully, the devil, who seeks to sow seeds of doubt, fear, and discord among us.

But we have also been reminded of the greater power that resides in us Through Jesus Christ.

If you feel that you've been bullied by the devil, if you're carrying heavy burdens,

if you're in need of God's strength and peace, I want to invite you To pray.

Whether you're here in person Or wherever you may be, you can make your home, your room, or wherever you are, an altar.

God's Word assures us in James 4:7, 'Submit yourselves, then, to God. Resist the devil, and he will flee from you.'

Let's take a moment to submit ourselves to God, to seek His strength, and to stand firm in His Word.

We can see That Bullying has been around For a very long time, And its effects Can be devastating. It is in those times That we need to pray for strength and guidance. In times of trouble, The bible encourages us To turn to God In prayer.

Alone, we are incapable Of fighting the devil. But as James wrote, We have to Submit ourselves to God.

When we do that, When we trust in God, We can withstand The attacks of the devil.

We can't lean into Our own understanding And just resist the devil, Because that alone Will not work. We have to submit ourselves to God, And trust in Him To help us through it.

I encourage you To take this moment to pray, to seek God's face, and to resist the devil's bullying.

Remember, you are not alone. You are part of a community of believers, a family that stands together in faith.

We are here for you, and most importantly, God is here for you.